

Bill and Betty Use Their PSAs© to (1) be who they are and (2) and be happy together. See HOW.

Betty has stayed home with the kids and now wants to go back to work. Bill wants her to stay home. 1 – 10. show why this is a problem. See page 2: In A. they ignore their PSAs© and divorce. In B. they get (1) and (2).

| Personality Strength            | Bill's Rank in the Population | Betty's Rank in the Population | Dif-fer-en | When they didn't know their personality strengths they couldn't use them to make decisions that work. Now they can. |
|---------------------------------|-------------------------------|--------------------------------|------------|---|
| 1. Traditional Male/Female View | 96%                           | 10%                            | 86%        | He wants her to stay home. Do you think she can really do that and be happy?  |
| 2. Achievement                  | 95%                           | 90%                            | 5%         | Each focuses on achievement. Could this take away from Our Time?  |
| 3. Dominance                    | 95%                           | 30%                            | 65%        | He makes most of the decisions. How can they get decisions that work for her?                                       |
| Tendency to Reading Feelings    | 95%                           | 15%                            | 80%        |   |
| 4. Autonomy                     | 88%                           | 80%                            | 8%         | 2. + 4. reinforce each other. Each can do a job alone. Does the other feel left out?                                |
| Sexuality                       | 88%                           | 99%                            | 11%        |   |
| 5. Theoretical Value            | 85%                           | 98%                            | 13%        | Both value creating lots of options. Could they come up with better choices?  |
| Aggression                      | 80%                           | 45%                            | 35%        |   |
| Ability to Ask for Help         | 75%                           | 55%                            | 20%        |   |
| Aesthetic Value (Harmony)       | 70%                           | 15%                            | 55%        |   |
| Friendliness/Agreeableness      | 65%                           | 30%                            | 35%        |   |
| General Activity Level          | 65%                           | 20%                            | 45%        |   |
| Restraint/Seriousness           | 65%                           | 50%                            | 15%        |   |
| Social Value                    | 60%                           | 5%                             | 55%        |   |
| Cooperativeness                 | 55%                           | 65%                            | 10%        |   |
| Change                          | 50%                           | 90%                            | 40%        |   |
| 6. Economic Value               | 50%                           | 98%                            | 48%        | Betty needs to be well paid for her work. Could this make Bill feel unimportant?                                    |
| Endurance                       | 45%                           | 40%                            | 5%         |   |
| Social Boldness                 | 45%                           | 60%                            | 15%        |   |
| Exhibition                      | 40%                           | 35%                            | 5%         |   |
| Objectivity                     | 30%                           | 40%                            | 10%        |   |
| Political Value                 | 30%                           | 25%                            | 5%         |   |
| 7. Optimism                     | 30%                           | 20%                            | 10%        | Could this go up as they make changes?  |
| Thoughtfulness/Reflectiveness   | 25%                           | 50%                            | 25%        |   |
| Feelings of Guilt               | 20%                           | 2%                             | 5%         |   |
| Feelings of Inferiority         | 20%                           | 2%                             | 5%         |   |
| Religious Value                 | 20%                           | 50%                            | 30%        |   |
| Social Interest/Sociability     | 20%                           | 65%                            | 45%        |   |
| 8. Deference                    | 16%                           | 16%                            | ----       | Can they both learn to listen better?   |
| Order                           | 16%                           | 3%                             | 13%        |   |
| 9. Nurturance                   | 12%                           | 75%                            | 63%        | Can the counselor teach Bill how?   |
| 10. Affiliation                 | 1%                            | 84%                            | 83%        | Who needs people, work, and friends?  |

Blue = Coping Strategies

Green = Temperament Strengths

Red = Values

How Bill and Betty use their PSAs© to (1) be who they are and (2) be happy together.

HERE'S THE KEY: A. This Hurts the Relationship. B. This Helps the Relationship.

A. This Hurts the Relationship      or they can do this      B. This Helps the Relationship

1. Traditional Male/Female Views - Bill is at 98%. Betty is at 10%.

Bill will not accept that Betty needs to go back to work.  
"She will get over it." Betty feels trapped and is angry.

Both see that Betty needs to work. They start figuring out what adjustments to make.

2. Achievement - Bill is at 95%. Betty is at 90%.

Their need to Achieve competes with the relationship.  
They don't make time to be together.

They do Date Night. Neither works late except for emergencies. They make time for each other.

3. Dominance - Bill is at 95%. Betty is at 30%.

Bill thinks Betty tries to tell him what to do. Not.  
He wants to decide without her input. This worries her.

She wants him to make decisions + do what she can live with. She offers 3 options. He picks 1 + does it. Ok.

4. Autonomy - Bill is at 88%. Betty is at 80%.

He sees her need to do a project by herself as rejection.  
She does the project anyway. Both are hurt and angry.

Each sees, "S/he can work on a project alone – that is not a rejection of me. I will advise."

5. Theoretical Value - Bill is at 85%. Betty is at 98%.

Both tend to focus on what *isn't* working.  
He doesn't act on the info from the PSAs©. She does.

Bill + Betty are excited what they learn from their PSAs©!  
The new info gives them a way to be happy! YAY!

6. Economic Value - Bill is at 50%. Betty is at 98%.

Bill hates giving up being the only bread winner +  
is afraid of the changes. She is frustrated + angry.

Betty can make big \$ + both are excited! They discuss what to do with the \$. And how to handle the changes.

7. Optimism - Bill is at 30%. Betty is at 20%.

Without their PSAs© they didn't know what  
problems came from their personality strengths.

Now they see them. And they use their PSAs© to  
resolve other issues, too. Optimism goes up. YAY!

8. Deference - Both are at 16%.

Neither agrees to give the other one's views serious  
consideration. Each gets depressed and angry.

Both see that neither listens. They use the tools their  
Coach gives them. They start to value each other.

9. Nurturance - Bill is at 12%. Betty is at 75%.

She won't do what he says - so he won't nurture her.  
She stops nurturing him. The children get scared.

She nurtures him. The Coach shows him how to nurture  
her. She feels valued. He is proud of his new skills.

10. Affiliation - Bill is at 1%. Betty is at 84%.

He thinks that he ought to be enough for her.  
Sees this need for being with people as a threat.

They see that she needs this + he doesn't. She gets this  
with friends at work, church + other groups. Ok with him.

Go to [www.best-personality-test.com](http://www.best-personality-test.com)